

Upper endoscopy and EUS Instructions

APPOINTMENT CONFIRMATION:

Patient Name:

Date/Time of Procedure:

Arrive at:

PLEASE REVIEW THESE INSTRUCTIONS THE DAY YOU RECEIVE THEM. IF YOU HAVE ANY QUESTIONS PLEASE CALL US AT 301-288-1319

IF YOU ARE ON BLOOD THINNERS (COUMADIN, PLAVIX, XARELTO, ELIQUIS, PRADAXA, etc.), INSULIN OR OTHER DIABETIC MEDICATIONS, PLEASE LET US KNOW AND CHECK WITH YOUR PRIMARY OR REFERRING PHYSICIAN FOR INSTRUCTIONS.

- Please bring a complete list of your medications with you on the day of your procedure.
- You must have a responsible adult to drive you home or accompany you on a bus or taxi to your home.
- You are not to drive for the remainder of the procedure day.
- Please take your blood pressure and heart medications as usual with a small sip of water the morning of your procedure.

- Do not eat food, drink fluids, chew gum or suck on hard candy the day of your procedure.
- Do not drink alcoholic beverages 24 hours prior to procedure.
- YOUR PROCEDURE WILL BE CANCELLED if you do not comply with the above guidelines.
- If your insurance company requires a referral, you must bring it with you. Also, please bring your current insurance card(s), co-pay (if applicable), and a current picture I.D. with you on the day of your procedure.

DAY OF YOUR PROCEDURE:

- On the morning of your procedure you must not have anything by mouth.
- Do not eat hard candy or chew gum.
- Wear comfortable clothing that is easy to remove and leave jewelry at home.
- Bring a list of all of your medications with you.
- Please arrive to the endoscopy unit 1 hour before your procedure, unless otherwise indicated.
- You will be asked to put on a gown. A nurse will review your medical history with you (bring a list of your current medications and allergies). An intravenous line (IV) will be started for your sedation during the procedure.
- When your procedure is done, you will remain in the recovery room for up to 1 hour.
- Your doctor will discuss the results of your procedure with you and give you a written copy of the report.

If you have any questions please call us at 301-288-1319.

